

Garrett Smith was born in Salt Lake City Utah. He began his ballet training at age 13 with Utah Regional Ballet.

Garrett danced in the 2002 Winter Olympics Opening Ceremonies, and toured Austria with the Utah Regional Ballet in the Tanszsommer Festival. In 2003 Garrett was awarded the National Junior Outstanding Dancer award at the New York City Dance Alliance, with a solo he created on himself. Garrett was also a Young Arts award winner for the National Foundation for Advancement in the Arts. He was featured in the Off Broadway show, "Breakthrough" where he was presented with an award from Mikhail Baryshnikov. Garrett was named a Presidential Scholar in the Arts where he was honored to meet George W. Bush at the White House and perform his choreography at the Kennedy Center titled "Ramalama"

Garrett created his first piece of choreography in Houston, in collaboration with the American Festival for the Arts, called "Found Alone". During the time Garrett was with Houston Ballet's second company, he created 5 works for HBII's repertoire, which are taken on tours throughout the United States. Smith's "Den III" was taken on on tour to Budapest, for the 4th International Dance Festival. Smith's "Murcof" was also taken to China and and New York City. "Murcof " was later showcased in the Youth American Grand Prix Gala.

As an apprentice with Houston Ballet, Garrett created his first piece on the company "Vivacious Dispositions" Through an award presented to him by Peter Martins from the New York Choreographic Institute Fellowship. Vivacious Dispositions was performed by Houston Ballet in the annual Gala "Jubilee of Dance". Garrett continued to create original works on Houston Ballet Dancers who have performed his choreography in the Estonian Dance Gala, Milwaukee Gala, 10th AFA anniversary, and the Joyce Theater in New York City.

Garrett Currently Dances with Norwegian National Ballet. Garrett has worked closely with choreographers Jiri Kylian, and Nacho Duato. Garrett was commissioned his first piece of choreography on Norwegian National Ballet, for a tour presented through different parts of Norway titled "Odelicate & Odiva". His most recent work on the company "Tease" was presented in an evening of new creations with other commissioned choreographers from Norway. Garrett's most recent work "Return" was commissioned by Houston Ballet for their 2013-2014 season opening mixed program. Reviews about "Return" were written in Dance Europe, Dance Magazine, and Pointe Magazine.