

# Southland Ballet Academy

## Summer Intensive Things to bring

### **Useful Items**

first aid kit with plenty of band-aids

sewing kit with safety pins

water bottle

sealable plastic bags

exercise or yoga mat

### **Dancewear for women**

Pink pointe shoes

Pink technique shoes

Character shoes with 1 1/2 inch heels

Character skirt-black knee length circle skirt

Pink tights to be worn under leotard

Black leotards

Practice white tutu

### **Dancewear for Men**

Black or white ballet shoes

Tights and/or unitard

white t-shirts

dancebelts