

July Excel Program Sample Schedule

	July Excel - Senior		July Excel - Junior	
Monday	Time	Class	Time	Class
	9:00 - 10:30	Technique	9:00 - 10:30	Technique
	10:30 - 11:00	Break	10:30 - 11:00	Break
	11:00 - 12:00	Pointe	11:00 - 12:00	Character
	12:00 - 1:00	Lunch	12:00 - 1:00	Lunch
	1:00 - 2:00	Character	1:00 - 2:00	Pre/Beg Pointe
	2:00 - 3:00	Variations	2:00 - 3:00	Variations
Tuesday				
	9:00 - 10:30	Technique	9:00 - 10:30	Technique
	10:30 - 11:00	Break	10:30 - 11:00	Break
	11:00 - 12:00	Jazz	11:00 - 12:00	Pre/Beg Pointe
	12:00 - 1:00	Lunch	12:00 - 1:00	Lunch
	1:00 - 2:00	Pointe	1:00 - 2:00	Variations
	2:00 - 3:00	Variations	2:00 - 3:00	Jazz
Wednesday				
	9:00 - 10:30	Technique	9:00 - 10:30	Technique
	10:30 - 11:00	Break	10:30 - 11:00	Break
	11:00 - 12:00	Pointe	11:00 - 12:00	Pre/Beg Pointe
	12:00 - 1:00	Lunch	12:00 - 1:00	Lunch
	1:00 - 2:00	Variations	1:00 - 2:00	Contemporary
	2:00 - 3:00	Contemporary	2:00 - 3:00	Variations
Thursday				
	9:00 - 10:30	Technique	9:00 - 10:30	Technique
	10:30 - 11:00	Break	10:30 - 11:00	Break
	11:00 - 12:00	Pointe	11:00 - 12:00	Pre/Beg Pointe
	12:00 - 1:00	Lunch	12:00 - 1:00	Lunch
	1:00 - 2:00	Variations	1:00 - 2:00	Stretch
	2:00 - 3:00	Stretch	2:00 - 3:00	Variations
Friday				
	9:00 - 10:30	Technique	9:00 - 10:30	Technique
	10:30 - 11:00	Break	10:30 - 11:00	Break
	11:00 - 12:00	Pointe	11:00 - 12:00	Pre/Beg Pointe
	12:00 - 1:00	Lunch	12:00 - 1:00	Lunch
	1:00 - 2:00	Variations	1:00 - 2:00	Character
	2:00 - 3:00	Character	2:00 - 3:00	Variations