

## July 5<sup>th</sup> – July 30<sup>th</sup>, 2021 Excel Schedule

\*Teachers & schedule change slightly week by week.

Level 5-7		
Monday		
9:00-10:30	Contemporary	
11:00-12:30	Technique	
12:30-1:00	Lunch	
1:00-2:00	Pointe	
Tuesday		
9:00-10:30	Technique	
11:00-12:00	Pointe	
12:00-1:00	Lunch	
1:00-2:00	Variations	
Wednesday		
9:00-10:30	Stretch	
11:00-12:30	Technique	
12:30-1:00	Lunch	
1:00-2:00	Pointe	
Thursday		
9:00-10:30	Technique	
11:00-12:00	Pointe	
12:00-1:00	Lunch	
1:00-2:00	Variations	
Friday		
9:00-10:30	Contemporary	
11:00-12:30	Technique	
12:30-1:00	Lunch	
1:00-2:00	Pointe	

Level Advanced		
Monday		
9:00-10:30	Technique	
11:00-12:30	Contemporary	
12:30-1:00	Lunch	
1:00-2:00	Pointe	
Tuesday		
9:00-10:30	Technique	
11:00-12:00	Pointe	
12:00-1:00	Lunch	
1:00-2:00	Variations	
Wednesday		
9:00-10:30	Technique	
11:00-12:30	Stretch	
12:30-1:00	Lunch	
1:00-2:00	Pointe	
Thursday		
9:00-10:30	Technique	
11:00-12:00	Pointe	
12:00-1:00	Lunch	
1:00-2:00	Variations	
Friday		
9:00-10:30	Technique	
11:00-12:30	Contemporary	
12:30-1:00	Lunch	
1:00-2:00	Pointe	