

July 5th – July 30th, 2021 Excel Schedule

*Teachers & schedule change slightly week by week.

| Level 5-7 | | |
|-------------|--------------|--|
| Monday | | |
| 9:00-10:30 | Contemporary | |
| 11:00-12:30 | Technique | |
| 12:30-1:00 | Lunch | |
| 1:00-2:00 | Pointe | |
| Tuesday | | |
| 9:00-10:30 | Technique | |
| 11:00-12:00 | Pointe | |
| 12:00-1:00 | Lunch | |
| 1:00-2:00 | Variations | |
| Wednesday | | |
| 9:00-10:30 | Stretch | |
| 11:00-12:30 | Technique | |
| 12:30-1:00 | Lunch | |
| 1:00-2:00 | Pointe | |
| Thursday | | |
| 9:00-10:30 | Technique | |
| 11:00-12:00 | Pointe | |
| 12:00-1:00 | Lunch | |
| 1:00-2:00 | Variations | |
| Friday | | |
| 9:00-10:30 | Contemporary | |
| 11:00-12:30 | Technique | |
| 12:30-1:00 | Lunch | |
| 1:00-2:00 | Pointe | |

| Level Advanced | | |
|----------------|--------------|--|
| Monday | | |
| 9:00-10:30 | Technique | |
| 11:00-12:30 | Contemporary | |
| 12:30-1:00 | Lunch | |
| 1:00-2:00 | Pointe | |
| Tuesday | | |
| 9:00-10:30 | Technique | |
| 11:00-12:00 | Pointe | |
| 12:00-1:00 | Lunch | |
| 1:00-2:00 | Variations | |
| Wednesday | | |
| 9:00-10:30 | Technique | |
| 11:00-12:30 | Stretch | |
| 12:30-1:00 | Lunch | |
| 1:00-2:00 | Pointe | |
| Thursday | | |
| 9:00-10:30 | Technique | |
| 11:00-12:00 | Pointe | |
| 12:00-1:00 | Lunch | |
| 1:00-2:00 | Variations | |
| Friday | | |
| 9:00-10:30 | Technique | |
| 11:00-12:30 | Contemporary | |
| 12:30-1:00 | Lunch | |
| 1:00-2:00 | Pointe | |